

Sunderland Cycling Edventure with Springboard Entry Form

Ride: 103.4km 10.34miles

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|----------------------------|-----------------------|
| Rider(s)Name:..... | Age(s):..... |
| Contact Address:..... | |
| | |
| Tel:..... | Mob:..... |
| Email:..... | |
| Emergency Contact No:..... | Name of Contact:..... |

What size T-shirt do you require: S M L XL XXL

Return your completed form with your entry fee of £20.00 or
£60 for a family of 4 (made payable to Springboard
Sunderland Trust) to:



Rivergreen Industry Centre, Pallion, Sunderland SR4 6AD
Tel: 0191 515 5300

Or Sun FM Unit 63-66T North East BIC, SR5 2TA

If you wish to pay via bank transfer, please email or call for details.

Your entry fee covers transport, stewarding, help stations, support vehicles,
commemorative-shirt and end of ride party

Please sign and date the declaration sheet overleaf

DECLARATION

I declare that the information on this form is complete and correct. I understand and agree that I participate in this event entirely at my own risk, that I must rely on my own ability in dealing with all hazards and that I must ride in a manner which is safe for myself and all others.

I am aware that when riding in an event and particularly when riding on a public highway the function of the marshals is only to indicate direction and that I must decide if the movement is safe. I agree that no liability whatsoever shall be attached to Springboard Sunderland Trust or Sun FM in respect of any injury, loss or damage suffered by me in or by reason of the event, however caused.

Signature: Date:

